

# WHAT IS MEASUREMENT-BASED CARE?

Measurement-Based Care (MBC) is defined as the routine collection and use of Patient-Reported Outcome Measures (PROMs) throughout treatment to guide clinical decision making.<sup>1</sup> It is important to note that **MBC** is a clinical process that is distinct from the basic completion of assessment tools.



There are four key components to implementing MBC, known as **Greenspace's** "Four Cs":

**CONSISTENT** assessments throughout a client's treatment.

**CUSTOMIZED** assessments to the clients presenting issues, symptoms, and goals.

**CLIENT VISIBILITY** is provided into assessment results and overall progress.

**COLLABORATION** between the client and clinician on treatment goals, identifying progress, and in session through discussion and evaluating assessment results.

Increasingly, MBC is perceived as a core component of delivering evidence-based behavioral health care.<sup>2</sup> It is now being required by national accrediting bodies, with The Joint Commission and CARF making a major push to drive its adoption.

**3.5**<sub>x</sub>

Higher likelihood of clients achieving long-term, reliable change.<sup>3</sup>

42%

Higher overall improvement in clinical symptoms.<sup>4</sup>

40%

Lower dropout and cancellation rates.<sup>5</sup>



### IMPACT ON DIRECT CLIENT CARE

#### 1. Empower Clients:

Clients better understand their mental health, helping them engage in care and respond to the ups and downs of treatment.

# 2. Improve Therapeutic Alliance:

An enhanced understanding of their mental health and the treatment process helps improve client-clinician communication and relationship.

#### 3. Enhance Client Care:

Improve outcomes, increase client engagement and reduce dropout rates.

### IMPACT AT THE ORGANIZATION LEVEL

# 1. Supervision and Care Management: Realtime objective data on every client in treatment. Bring the client's voice into

clinical supervision, and easily identify and proactively address off-track cases.

# 2. Drive Quality Improvement:

Understand the impact/efficacy of each program or care pathway, compare against industry benchmarks and drive continuous service improvement.

#### 3. Advocate to Funders:

Demonstrate efficacy of services and advocate to payers, funders, and key stakeholders.

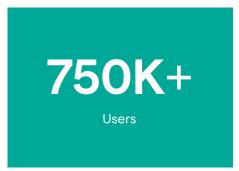
### WHY GREENSPACE?

We selected Greenspace as our preferred partner to deliver a seamless, industry-leading Measurement-Based Care (MBC) experience for Qualifacts customers.

Greenspace simplifies MBC with intuitive, automated workflows, a comprehensive library of 500+ assessments, and rich data and insights. With Greenspace, Qualifacts customers can effortlessly collect objective, client-reported outcomes, access real-time insights at the client and program level, and drive measurable improvements in care quality, without adding administrative burden.







\*Data as of April 2025









